

315 Shirley Street • Winthrop, MA • 02152

Fundraiser to benefit THE ONE FUND!

Saturday, April 27th

8:00am – 2:15pm

Oceanside Pilates & Yoga Studio

Join us for a day of FUN, FITNESS & GIVING to benefit *The One Fund*, Boston.

We are offering a variety of classes – come to one or many! Clients can make donations by cash or check and 100% of proceeds will be sent to *The One Fund* to benefit the victims of the Boston Marathon incident.

All are welcome. Together we can make a difference. **We are Boston Strong!**

Schedule of Classes

- 8:00-8:45am Power Reformer Class with Maria (5 max)
- 8:45-9:30am Power Reformer Class with Maria (5 max)
- 8:30-10am Master Yoga & Meditation Class for Healing with Lucila (12 max)
- 10:15-11:15am Barre Class with Jessica (12 max)
- 11:30am-12:30pm PiYo Strength Class with Kristen (12 max)
- 1:30-2:15pm Yoga Dance for Life & 15 min relaxation with Karen (12 max)

*Please sign up in advance at the studio, or by calling.
Spaces are limited. Hope to see you there!*

Call Ellen @ 617.719.1095 to sign up or for more information
www.oceansidepilatesandyoga.com